

- September 1, 1939** - At 5.30 a.m., Hitler's armies invaded Poland starting World War II in Europe
- September 2, 1945** - President Harry Truman declared V-J Day (Victory over Japan Day) commemorating the formal Japanese surrender to the Allies aboard the USS Missouri in Tokyo Bay.
- September 2, 1945** - Ho Chi Minh proclaimed the independence of Vietnam and the establishment of the Democratic Republic of Vietnam.
- September 2, 1962** - Soviet Russia agreed to send arms to Cuba, leading to the October Missile Crisis after the shipments were discovered by the U.S.
- September 3, 1939** - Great Britain and France declared war on Nazi Germany after its invasion of Poland two days earlier.
- September 5-6, 1972** - Eleven members of the Israeli Olympic Team were killed during an attack on the Olympic Village in Munich by members of the Black September faction of the Palestinian Liberation Army
- September 5, 1975** - The first of two September assassination attempts on President Gerald Ford occurred as a woman pointed a gun at the President in Sacramento, California.
- September 5, 1997** - Mother Teresa died in Calcutta at age 87, after a life of good works spent aiding the sick and poor in India through her Missionaries of Charity order.
- September 8, 1565** - The first Catholic settlement in America was founded by Spaniard Don Pedro Menendez de Aviles at St. Augustine, Florida.
- September 8, 1974** - A month after resigning the presidency in disgrace as a result of the Watergate scandal, Richard Nixon was granted a full pardon by President Gerald R. Ford for all offenses committed while in office.
- September 13, 1788** - The U.S. Congress chose New York as the Federal capital of the new American government.
- September 14, 1812** - Napoleon and his troops first entered Moscow as the retreating Russians set the city on fire.
- September 14, 1901** - Eight days after being shot, President William McKinley died from wounds suffered during an assassination attempt in Buffalo,
- September 14, 1930** - The Nazi Party became the second largest party in Germany following a stunning election triumph by Adolf Hitler.
- September 14, 1975** - Elizabeth Ann Seton became the first American saint.
- September 15, 1944** - The first entry of American troops into Hitler's Germany occurred as elements of the U.S. 7th and 5th Corps reached the southwestern frontier of Germany.
- September 16, 1976** - The Episcopalian Church in the U.S. approved the ordination of women priests and bishops.
- September 18, 1947** - The U.S. Air Force was established as a separate military service.
- September 19-20, 1985** - Earthquakes in Mexico City killed an estimated 5,000 to 20,000 persons and left more than 100,000 homeless, causing \$4 billion in damage. The quakes registered 8.1 and 7.5 on the Richter scale.
- September 23, 1952** - Vice-presidential candidate Richard Nixon delivered his Checkers Speech on television and radio to address accusations of financial misdeeds.
- September 30, 1955** - Actor James Dean was killed in a car crash in California at age 24.



September 2024

Summit Pointe
Senior Living

Life Choices : It's All About Living



Hello Tenants, **Culinary from Chef Chris**
 I wanted to touch base with everyone in regards to seating in the dining room. I checked into the policy that has been in place at Summit Pointe for years. Although it has been in place, I feel like every once in awhile we need to revisit the policy, especially when we have so many new tenants moving in. THERE IS NO saving seats in the dining room. In the same regards, there is NO assigned seats in the dining room. If there is a person you want to sit with during a meal time. You can come to the dining room at the same time. That way you can sit together where seats are open. Can you imagine being new at Summit Pointe and not knowing where or who to sit with because someone was saving seats? Chef & Culinar Director Chris

Assistant Director from Karla

Hello Everyone,
 I wanted to reach out and make sure everyone felt like they could join the Wednesday morning prayer group. You do not have to be a specific religion or even have a religious belief. Sometimes people just need or want to pray, talk to others and/or be supported. Whatever your need is, you are all welcome to join us every Wednesday morning

Name tags/Out Signs

If you are in need of a name tag, let Kayla know. Although it is not a requirement to wear a name tag, it is thoughtful to wear one at meal times. it supports new staff and tenants to learn your name! Emergency and out signs are available at the front desk.

9/7	Iowa State vs Iowa	2:30pm
9/14	Troy vs Iowa	3:00pm
9/21	Iowa vs MN	TBD
10/5	Iowa vs Ohio	TBD
10/12	Washington vs Iowa	TBD
10/19	Iowa vs MI State	TBD
10/26	Northwestern vs Iowa	2:30pm
11/2	Wisconsin vs Iowa	TBD
11/8	Iowa vs UCLA	8:00pm
11/23	Iowa vs Maryland	TBD
11/29	Nebraska vs Iowa	6:30pm

Hawkeye Football Schedule



The Power of Purposeful Play

In honor of Alzheimer's awareness month, September's health article describes the work and idea behind an interactive tool used to enhance the daily lives of people living with dementia. Summit Pointe Senior Living is starting a campaign to help raise funds for the purchase of Tovertafel for our tenants' living with dementia.

If you or your loved ones would care for more information, please reach out to Kayla Howk-Erwin

The Tovertafel is an award-winning care innovation that has become an indispensable tool in more than 10,000 dementia care communities worldwide. Developed in the Netherlands, the Tovertafel (English for "Magic Table") is the first serious games system of its kind. Care community residents, staff, and relatives alike are able to experience its benefits first-hand..

Playing for a better existence

Scientific research proves that The Tovertafel's unique games have a positive impact on the quality of life of seniors living with dementia. Through interactive light projections, the games stimulate physical activity, social interaction and cognition.

Resulting in real, measurable effects on the wellbeing of residents, as well as care staff.*

Everyday support and care

The Tovertafel can support care professionals in providing the highest quality of care on a daily basis. It can be integrated seamlessly into daily routines and broadens the range of easy, yet effective activities. Challenging situations, such as restlessness, agitation or apathy, are prevented or tackled by playing with the Tovertafel.

By facilitating social interaction and reducing restless and tense behavior, the Tovertafel helps strengthen carer-resident relationships and lightens workloads. Ultimately reducing employee turnover, increasing occupancy rates and raising the quality of care they provide. The Tovertafel makes person-centered care that much more achievable and enjoyable

Commitment to wellbeing

As well as providing invaluable moments of personal connection and joy, the Tovertafel improves a care community's offering.

The cuttingedge technology demonstrates a community's dedication to resident wellbeing and its commitment to innovation. Proving to families that care communities genuinely care about promoting happiness and engagement in caregiving..

This is how the Tovertafel Works

The Tovertafel can be mounted onto the ceiling above a table or flat surface using a simple clickand-ready system. This makes it easy to install the Tovertafel in familiar surroundings, which is especially important for elderly people living with dementia as it prevents overstimulation and unnecessary agitation. The Tovertafel projects vibrant, lifelike images onto the surface in the form of games that react to even the smallest of hand and arm movements.

Creating a 'magic-like' effect that enchants residents and caregivers alike.

More than 40 games (incl. personalisation)!

The Tovertafel and its games are developed in co-design together with care professionals, experts, relatives and the players themselves. Meaning they're tailored exactly to suit their individual needs. The games also employ a no-fail, layered design which means that participants can play according to their ability. This instills confidence and makes the games

easy to enjoy at any level. They come in a variety of formats, each promoting physical movement, social interaction and cognitive stimulation. Such as raking leaves, polishing silverware or playing a game of rummy.

Recently a new feature has been introduced, called Tover Lab. This new feature allows you to customize some of the games with your own imagery and enables you to provide the best personalised play experience!



"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." Ephesians 4:29.

I have studied three languages in addition to English in my lifetime so far. I hope to study more! While I am by far not fluent in any of these three, I have found that success in each one comes only one way: practice. I can study all of the vocabulary, learn the grammar and translate sentences but until I actually speak to someone else in the language and listen and respond to them, I haven't learned it. I have to really use it.

This is the same when it comes to how we speak to each other. Harsh words, biting sarcasm, mocking others, and complaining/gripping to and about others are all of the world, not of Jesus. Unfortunately it's what we are fluent in because we are sinful people. Becoming a Christian and giving our words over to Jesus is a process. It is like learning a new language! Through His power in us, we can change how we talk. He offers us a new language; one full of grace and truth, mercy and kindness. This is how He speaks to us, and how He wants us to speak to others. Ephesians 4:29 sums it up by instructing us to only speak things that build others up. We won't be perfect at this overnight. It takes a lifetime to learn this language. But with God all things are possible (Matthew 19:26) and that means that how we speak truly can change and reflect how God speaks to us.

Just as I have to actually practice when learning a new earthly language, so we have to actually practice when learning to talk in a way that reflects Jesus. We can know all the Bible verses about using kind words,, agree with the concept and want to speak kindly, but if we are going to get better at it we have to actually do it. So, that's my challenge for us all this month: How can we practice speaking like Jesus would speak to others?



TENANT BIRTHDAYS

September 8th Dee B.
September 17th Kaye W.
September 23rd Max N.
September 24th Doris B.
September 26th Mary M.
September 28th Robert T.
September 29th Helen B.
September 29th Barb M.

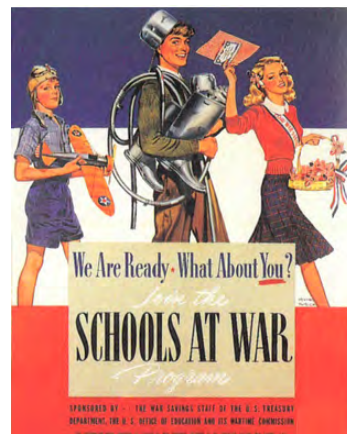
STAFF BIRTHDAYS

September 2nd Lindsey Smith
September 6th Brooke Werner
September 7th Olivia Fisher
September 14th Randy Danover
September 18th Akiya Owens
September 30th Abby Ritchie
September 30th Markaya Dixon

STAFF ANNIVERSARIES

Michael Davidson 9/6- 1 year
Melinda Haley 9/7 -3 years
Alexander Pfaff 9/15-1 year

NOSTALGIC ADVERTISING REMEMBER WHEN.....



The Benefits of playing with the Tovertafel
 Prevent and reduce restless & tense behaviours
 Increase physical activity
 Break through apathy
 Improve social interaction between residents
 increase staff work pleasure & lighten workload
 Futher improve relationships between carers & residents

Do our games really work?
 We value scientific research and the importance of ensuring that what we create has beneficial effects. Therefore, our products are produced with the contribution of independent research partners. We have found that a joint approach leads to the best insights. Our research partners include universities and colleges from around the world as well as researchers who work for nursing homes, care institutions, foundations or educational institutions.

Quality of life of nursing home residents with dementia before, during and after playing with the Tovertafel
Research method
 In this study, Master student Leonie Bruil (Advanced Nursing Practice at the Arnhem/Nijmegen University of Applied Sciences) studied the changes in the quality of life of nursing home residents with dementia, before, during and after playing with the Tovertafel. A total of 34 residents were observed during 15-minute game sessions on five consecutive working days.

The sessions had direct, noticeable effects: after playing with the Tovertafel, the quality of life was higher than before playing with the Tovertafel. In addition, small to mediocre improvements were seen up to one week of playing with the Tovertafel. The long-term beneficial effects included reduced negative emotions, reduced restlessness, and a more positive self-image. That's the impact of the

- Conclusions: This study shows that...**
- the Tovertafel improves the quality of life of people with dementia
 - the beneficial effects of the Tovertafel last up to one week of playing

- the goals of the Tovertafel games consciously tap into the different dimensions of quality of life
- the Tovertafel activates nursing home residents and promotes social interaction whilst bringing them joy
- the Tovertafel has a positive effect on the quality of life of older residents
- the Tovertafel has a **positive influence on carers** of older people with dementia
- the Tovertafel increases **job satisfaction of care professionals**
- the Tovertafel gives players an **enjoyable and positive experience**
- **the Tovertafel has a positive effect on the daily activities of adults with an intellectual disability**
- **the Tovertafel increases social interaction, also outside the game sessions**
- **the Tovertafel increases physical activity**
- **the Tovertafel increases interaction between family members and older people with dementia**
- **the Tovertafel significantly improves the quality of visit**
- **the Tovertafel fulfils the needs of family members during a visit**
- **the Tovertafel makes visits to a loved one in a nursing home more enjoyable**
- **the Tovertafel can, according to care staff, contribute to the provision of personalised care**
- **the Tovertafel has a positive effect on the well-being of residents**
- **the Tovertafel helps create a peaceful atmosphere in nursing homes**





Life Enrichment with Gail

We are so fortunate to have volunteers come in and perform a non denominational church services for us. The message is always positive and inspiring and the hymns fill the halls with joy. Recently, we have noticed less attendance at these services. I just want to make sure that you all feel welcomed to this LIVE service. Also note, if the attendance bares down to just 1 or 2 people constantly there is always the chance that our volunteers will cease to come. So if you enjoy the service, tell your neighbors and friends to join you every Wednesday morning.



I hope you are all enjoying our full calendar of events, as a team, we understand that sometimes you have to choose which activity to attend HOWEVER our thought is the more to choose from the more interests we hit with a variety of tenants! Which is alot easier than hearing that your bored with nothing to do!



With the increase of activities, the life enrichment department would like to thank you for being patient while we reset the spaces for the next experience. We take pride in starting activities on time and appreciate all tenants who participate!

Executive Director Melinda Haley

I want to take a moment and recognize a tenant for their input and suggesting a change to Summit Pointe that would benefit all tenants. Barb Miller, thank you for your suggestion of adding an automatic door to the wellness center, leading to the outside back patio. This door should be in place within a few weeks of this edition of the news letter. As a whole, SP tries to hear the need and wants of it's tenants and we're are just as excited as you when those needs can be met!



Nursing with Jen & Lindsey

Hello Summit Pointe tenants! This month we would like to focus on one main thought. Emergency pendants! You know, more often than not emergencies occur in unpredictable scenarios. The same can be said about accidents, you simple do not know when an accident will occur...which is the ENTIRE purpose of wearing your emergency pendants. Too often we run into a situation where tenants have fallen and are left without help BECAUSE they were not wearing their pendants...because they didn't think they needed them. Your emergency pendants are waterproof, wear them while showering. Wear them while sleeping-this is the reason you have a pendant!





Housekeeping with Stephanie & Cailey

Just a friendly reminder that if there is a holiday during the week and on your scheduled cleaning day, we will reschedule your cleaning day another day that same week.



Front Desk with Dana & Julie

As you may have noticed, there has been a variety of people working the front desk, specifically department heads. This has been a great way for SP leaders to see and hear what is going on within the building!

Transportation with Randy

Remember when making transportation appointment ...you must contact the front desk. Communicating your ride needs with the front desk is helpful to me, in keeping rides and times in order. Without them, well we'd all be on our way to Las Vegas, in the Summit Pointe bus!

Maintenance with Rodney & Loren

Keep your eyes out for a notice about work being done on the concrete around the outside of the building. Soon we will be fixing all the dips and lips on sidewalks and the entry way to the wellness center. ALSO, an automatic door opener will be added to the wellness center door leading to the outside back patio.

After a recent HUD inspections we were informed that the doors to the laundry room and garbage rooms need to remain closed UNLESS someone is in there.

p.s. if you didn't know already...FOOTBALL SEASON IS STARTING!!!



Life Enrichment Activities

I Love Lucy! Marci's Memories will be here on Tuesday, September 3rd at 2:00pm in the Fireside Lounge to give a presentation on Lucille Ball.

You don't have to be a DIVA to join in on all the fun of doing Diamond Art. ALL are welcome, even DUDES! This group meets on Tuesday afternoons at 2:00pm in the Library.

A 1 and a 2 and a 3. . . Musical Memories will be spotlighting Big Band this month. Come learn a little about Benny Goodman, Glenn Miller, Tommy Dorsey and Lawrence Welk. This all takes place on the Back Patio (weather permitting) on Thursday afternoons at 3:15pm.

Are you a BOOKWORM? For anyone interested in starting a book club please join us for a meeting on Monday, September 9th at 1:00pm in the Library (where else)??

Let's CELEBRATE! AL week is celebrated September 8th through the 13th. We will start the week with a Grandparent's Day Celebration on Sunday the 8th from 11:00am - 1:00pm on the Front Patio. On Monday wear your favorite HAT and enjoy a specialty cup of coffee from the Grind Coffee Truck on the Front Patio. We will have some delicious pastries as well. Tuesday's theme is BLACK & WHITE. There will be Charcuterie boards in the Lobby at 1:00pm and a raffle for a Chair Massage. Patriots Day is on Wednesday so let's don our Red, White and Blue. Food trucks will be here from 11:00am - 1:00pm that day as a lunch option. Go TEAM! Represent your favorite team on Thursday. Chair massages will again be raffled off as well as a visit by Moo Moos Ice Cream Truck. Oh, YUM! We will close out the week with Western Day, Yee Haw!

Terry McCauley will be here for our entertainment. Remember, friends and family are ALWAYS welcome to join us for happy hour.

St Croix will join us on Monday, September 15th at 1:00pm in the Fireside Lounge for a presentation entitled, If hospice was a pill. It is sure to be filled with valuable information.

Oh, the places you'll go. England's Jurassic Coast will be the theme by Armchair Traveler Floyd Sandford on 19th of the month at 1:30pm in the Fireside Lounge.

Sign up in Activity Binder

9/3	9:15am	Fareway
9/4	1:00pm	Podiatrist
9/5	9:45am	Goodwill
9/5	1:45pm	Scenic Drive
9/10	9:15am	Hy Vee
9/12	9:45am	Half Price Books
9/17	9:15am	Aldi
9/17	11:00am	Ting's Red Lantern
9/19	9:15am	Salvation Army
9/24	9:15am	Dollar Tree
9/24	11:00am	Isle Casino
9/26	9:00am	Wilton Candy Kitchen in Wilton, Iowa



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:00am St. Joseph's Catholic Mass-FL</p> <p>10:30am Presbyterian Church Service-FL</p> <p>1:30pm Bingo-FL</p> <p>6:00pm Sunday Cinema: The Devil Wears Prada-FL</p> <p style="text-align: right;">1</p>	 <p style="text-align: center;">HAPPY LABOR DAY</p>	<p>9:15am Depart For: Fareway-FF</p> <p>10:00am Danish Social-L</p> <p>1:00pm Chef Chat-FL</p> <p>2:00pm Marci's Memories: Lucille Ball-FL</p> <p>2:00pm Diamond Dot Divas-L</p> <p>2:15pm Men's Brew Crew-CH</p> <p>3:00pm Bingo-FL</p> <p>5:00pm Bunco-FL</p> <p style="text-align: right;">3</p>	<p>9:00am Prayer Group-FL</p> <p>9:00am Pamper Me: Hand massages-L</p> <p>9:30am Church Service-FL</p> <p>10:30am Activity Council-FL</p> <p>1:00pm-3:00pm Podiatrist</p> <p>1:30pm Communion-L</p> <p>1:00pm-3:00pm One On One Visits</p> <p>3:30pm MAC Fitness-FL</p> <p>6:00pm Symphonettes-FL</p> <p style="text-align: right;">4</p>	<p>9:45am Depart For: Goodwill-FF</p> <p>10:30am MAC Fitness-FL</p> <p>1:45pm Scenic Drive-FF</p> <p>3:15pm Musical Memories: Benny Goodman-BP</p> <p>5:00pm What Am I?-Lobby</p> <p>6:15pm Bingo With Frankie-FL</p> <p style="text-align: right;">5</p>	<p>9:30am Breakfast Treat & Morning Conversation-L</p> <p>10:30am Morning Exercise With Suz-FL</p> <p>1:00pm Bags-FL</p> <p>1:00pm Loop Yarn-FL</p> <p>2:00pm Happy Hour With Harold Gray-DR</p> <p>3:30pm Afternoon Walks Followed With Hydration-FF</p> <p>5:00pm School Lunches Then And Now-Lobby</p> <p style="text-align: right;">6</p>	<p>10:00am Craft Club-L</p> <p>10:00am Lug-A-Mug-ML</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Candy Bar Bingo-ML</p> <p style="text-align: right;">7</p>
<p>9:00am St. Joseph's Catholic Mass-FL</p> <p>10:30am Presbyterian Church Service-FL</p> <p>11:00am-1:00pm Grandparent's Day Celebration-FP</p> <p>1:30pm Bingo-FL</p> <p>6:00pm Sunday Cinema: Emma-FL</p> <p style="text-align: right;">8</p>	<p>7:00am-10:00am Grind Coffee Truck & Pastries-FP</p> <p>9:00am Rosary-PDR</p> <p>10:15am Science Lab-L</p> <p>1:00pm Bookworms Meeting-L</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Teddy Bear Social-FP</p> <p>3:30pm MAC Fitness-FL</p> <p>5:00pm Pop Up With Steph-?</p> <p>6:00pm Yahtzee-FL</p> <p style="text-align: right;">9</p>	<p>9:15am Depart For: Hy Vee-FF</p> <p>10:00am Apple Turnover Social-L</p> <p>1:00pm Charcuterie Boards-Lobby</p> <p>1:00pm-4:00pm Chair Massages-L</p> <p>1:30pm Quilts Of Valor Presentation-FL</p> <p>2:00pm Diamond Dot Divas-L</p> <p>2:15pm Men's Brew Crew-CH</p> <p>3:00pm Bingo-FL</p> <p>5:00pm Garbage-FL</p> <p>7:00pm Wine Not With Gail-FL</p> <p style="text-align: right;">10</p>	<p>9:00am Prayer Group-FL</p> <p>9:00am Pamper Me: Meditation</p> <p>9:30am Church Service-FL</p> <p>11:00am-1:00pm Food Trucks-FP</p> <p>1:00pm Vitals With Nursing-PDR</p> <p>1:00pm-3:00pm One On One Visits</p> <p>1:30pm Communion-L</p> <p>3:30pm MAC Fitness-FL</p> <p>6:00pm Symphonettes-FL</p> <p style="text-align: right;">11</p>	<p>9:45am Depart For: Half Price Books-FF</p> <p>10:30am MAC Fitness-FL</p> <p>1:00pm-4:00pm Chair Massages-L</p> <p>1:00pm People In Your Neighborhood: Wedding Memories-FL</p> <p>2:00pm Moo Moo's Ice Cream Truck-FP</p> <p>3:15pm Musical Memories: The Glenn Miller-BP</p> <p>5:00pm Who Am I?-Lobby</p> <p>6:15pm Bingo With Frankie-FL</p> <p style="text-align: right;">12</p>	<p>9:30am Breakfast Treat & Morning Conversation-L</p> <p>10:30am Morning Exercise With Suz-FL</p> <p>1:00pm Axe Throwing-FL</p> <p>1:00pm Loop Yarn-FL</p> <p>2:00pm Birthday Happy Hour With Terry McCauley-DR</p> <p>3:30pm Afternoon Walks Followed With Hydration-FF</p> <p>5:00pm Back-To-School Trivia-Lobby</p> <p style="text-align: right;">13</p>	<p>10:00am Craft Club-L</p> <p>10:00am Lug-A-Mug-ML</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Candy Bar Bingo-ML</p> <p style="text-align: right;">14</p>
<p>9:00am St. Joseph's Catholic Mass-FL</p> <p>10:30am Presbyterian Church Service-FL</p> <p>1:30pm Bingo-FL</p> <p>6:00pm Sunday Cinema: The Shell Seekers-FL</p> <p style="text-align: right;">15</p>	<p>9:00am Rosary-PDR</p> <p>9:00am Calling All Ladies, Coffee Talk-FL</p> <p>10:15am Cranium Crunches-L</p> <p>1:00pm St. Croix Presentation-FL</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Apple Of My Eye Social-FP</p> <p>3:30pm MAC Fitness-FL</p> <p>5:00pm Pop Up With Steph-?</p> <p>6:00pm Craft Creations: Cloth Pumpkins-FL</p> <p style="text-align: right;">16</p>	<p>9:15am Depart For: Aldi-FF</p> <p>11:00am Depart For Lunch Out: Ting's Red Lantern</p> <p>1:00pm Lala Ladies-FL</p> <p>2:00pm Diamond Dot Divas-L</p> <p>2:15pm Men's Brew Crew-CH</p> <p>3:00pm Bingo-FL</p> <p>5:00pm Bunco-FL</p> <p style="text-align: right;">17</p>	<p>9:00am Prayer Group-FL</p> <p>9:00am Pamper Me: Hand Massages-L</p> <p>9:30am Church Service-FL</p> <p>10:30am Tenzi-FL</p> <p>1:00pm-3:00pm One On One Visits</p> <p>1:30pm Communion-L</p> <p>3:30pm MAC Fitness-FL</p> <p>6:00pm Symphonettes-FL</p> <p style="text-align: right;">18</p>	<p>9:15am Depart For: Salvation Army-FF</p> <p>10:30am MAC Fitness-FL</p> <p>1:30pm Armchair Travels With Floyd Sandford-FL</p> <p>3:15pm Musical Memories: Tommy Dorsey-BP</p> <p>5:00pm What Am I?-Lobby</p> <p>6:15pm Bingo With Frankie-FL</p> <p style="text-align: right;">19</p>	<p>9:30am Breakfast Treat & Morning Conversation-L</p> <p>10:30am Morning Exercise With Suz-FL</p> <p>1:00pm Bowling-FL</p> <p>1:00pm Loop Yarn-FL</p> <p>2:00pm Happy Hour With Ron Burgess-DR</p> <p>3:30pm Afternoon Walks Followed With Hydration-FF</p> <p>5:00pm September IQ-Lobby</p> <p style="text-align: right;">20</p>	<p>10:00am Craft Club-L</p> <p>10:00am Lug-A-Mug-ML</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Candy Bar Bingo-ML</p> <p style="text-align: right;">21</p>
<p>9:00am St. Joseph's Catholic Mass-FL</p> <p>10:30am Presbyterian Church Service-FL</p> <p>1:30pm Bingo-FL</p> <p>6:00pm Sunday Cinema: The Queen-FL</p> <p style="text-align: right;">22</p>	<p>9:00am Rosary-PDR</p> <p>9:00am Calling All Ladies, Coffee Talk-FL</p> <p>10:15am Science Lab-L</p> <p>1:00pm Bookworms-L</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Happy Fall Y'all Social-FP</p> <p>3:30pm MAC Fitness-FL</p> <p>5:00pm Pop Up With Steph-?</p> <p>6:00pm Yahtzee-FL</p> <p style="text-align: right;">23</p>	<p>9:15am Depart For: Dollar Tree-FF</p> <p>10:00am Cinnamon Roll Social-L</p> <p>11:00am Depart For: The Isle Casino In Waterloo-FF</p> <p>1:00pm Chef Demo-FL</p> <p>2:00pm Diamond Dot Divas-L</p> <p>2:15pm Men's Brew Crew-CH</p> <p>3:00pm Bingo-FL</p> <p style="text-align: right;">24</p>	<p>9:00am Prayer Group-FL</p> <p>9:00am Pamper Me: Meditation-L</p> <p>9:30am Church Service-FL</p> <p>10:30am Card Bingo-FL</p> <p>1:00pm-3:00pm One On One Visits</p> <p>1:30pm Communion-L</p> <p>3:30pm MAC Fitness-FL</p> <p>6:00pm Symphonettes-FL</p> <p style="text-align: right;">25</p>	<p>9:00am Depart For: Wilton Candy Kitchen-FF</p> <p>9:30am Lifelong Learning: The One-Room Schoolhouse-L</p> <p>10:30am MAC Fitness-FL</p> <p>1:00pm Tenant Council</p> <p>2:00pm Quilter's Showcase: Elayne Gassett-TBD</p> <p>3:15pm Musical Memories: Lawrence Welk-BP</p> <p>5:00pm Who Am I?-Lobby</p> <p>6:15pm Bingo With Frankie-FL</p> <p style="text-align: right;">26</p>	<p>9:30am Breakfast Treat & Morning Conversation-L</p> <p>10:30pm Morning Exercise With Suz-FL</p> <p>1:00pm Shuffleboard-FL</p> <p>1:00pm Loop Yarn-FL</p> <p>2:00pm Happy Hour With Lena Adams-DR</p> <p>3:30pm Afternoon Walks Followed With Hydration-FF</p> <p>5:00pm All About Oktoberfest-Lobby</p> <p style="text-align: right;">27</p>	<p>10:00am Craft Club-L</p> <p>10:00am Lug-A-Mug-ML</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Candy Bar Bingo-ML</p> <p style="text-align: right;">28</p>
<p>9:00am St. Joseph's Catholic Mass-FL</p> <p>10:30am Presbyterian Church Service-FL</p> <p>1:30pm Bingo-FL</p> <p>6:00pm Sunday Cinema: Steel Magnolias-FL</p> <p style="text-align: right;">29</p>	<p>9:00am Rosary-PDR</p> <p>9:00am Calling All Ladies, Coffee Talk-FL</p> <p>10:15am Readers Theatre-L</p> <p>1:00pm Bookworms-L</p> <p>2:00pm Dominoes-CH</p> <p>2:00pm Oktoberfest Social-FP</p> <p>3:30pm MAC Fitness-FL</p> <p>5:00pm Pop Ups With Steph-?</p> <p>6:00pm Craft Creations: Fall Coasters-FL</p> <p style="text-align: right;">30</p>	<p>BP= Back Patio</p> <p>CH= Club House</p> <p>CT= 2nd Floor Coffee Table</p> <p>DR= Dining Room</p> <p>FF= Front Foyer</p> <p>FL= Fireside Lounge</p> <p>FP= Front Patio</p> <p>L= Library</p> <p>ML= Memory Lane</p> <p>PDR= Private Dining Room</p>	<p><u>What To Do On Your Own</u></p> <p>Join Friends For Coffee & Visits</p> <p>Play Pool</p> <p>Take A Walk With A Friend</p> <p>Play Tenzi</p> <p>Start A Game Of Card Bingo</p> <p>Enjoy A Game Of Euchre</p> <p>Play Shut The Box</p>	 <p style="text-align: center; font-size: 48px; font-weight: bold;">SEPTEMBER 2024</p>		